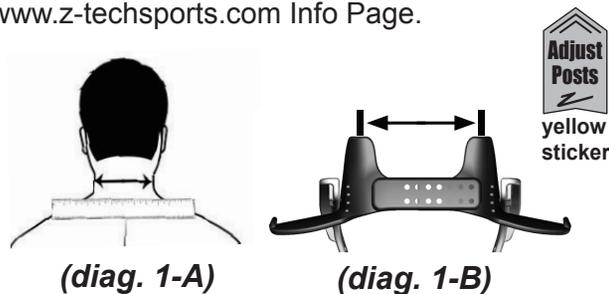


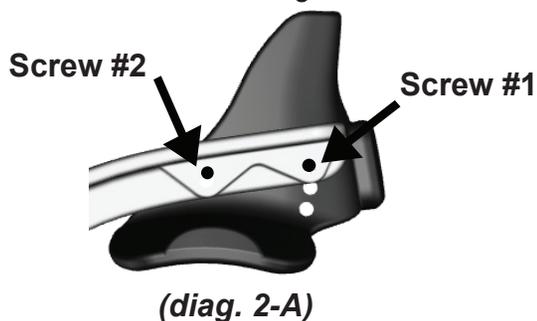
Set Up of Your Restraint

Upon final set up, we recommend using **thread lock-tite "blue"** and securely tightening all screws

Step 1 – Adjust the shoulder width adjustment. **As indicated by yellow sticker**, you will want to measure the width of your neck (diag. 1-A). Upon establishing that measurement, you will want to adjust your shoulder adjustment (diag. 1-B) to 1 inch wider than neck and adjust binary posts to correct position. If you will be adjusting wider than the standard setting, you may need to loosen the straps. Video instructions are on www.z-techsports.com Info Page.



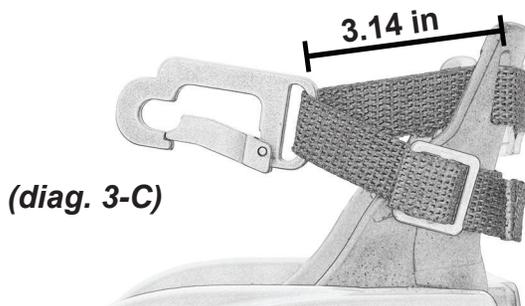
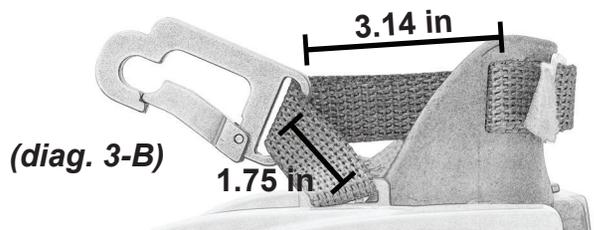
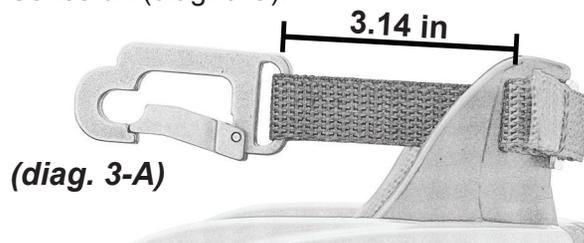
Step 2 – Adjust the UPPER ARM Angle. It is recommended that you adjust this in your race seat to get the best angle for your individual needs. There are two screws on each side (diag. 2-A). Screw #1 is the only screw that needs to be removed to adjust angle, **as indicated by yellow sticker**. Screw #2 does not need to be removed and it has thread lock-tite on it from manufacturer. Remove Screw #1, and adjust the arm angle so that fits snug against body, but does not protrude into your body. Adjust both sides to same angle.



Set Up of Your Restraint (cont.)

Upon completion of steps 1 & 2 and you are 100% happy with the fit of your restraint, we recommend that at this time you remove all the screws (except screw #2 in Step 2) and **secure the with the thread lock-tite "blue" and tighten snug.**

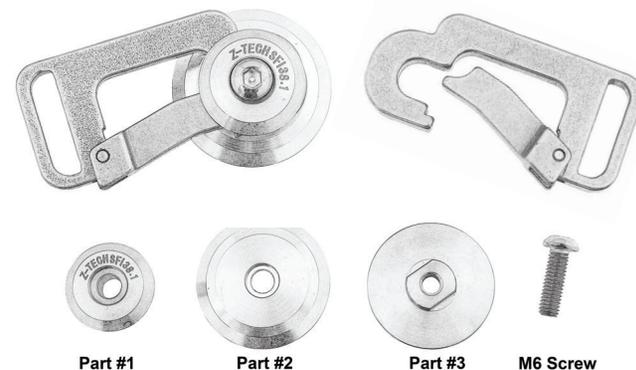
Step 3 – Adjust tethers and strapping. It is recommended that you evaluate the video on www.z-techsports.com in regards to adjustment of tethers and strapping. You will want to make sure the strapping stays in the same configuration throughout the hardware as you receive it from the mfg. There are two points which you will want to adjust on the Series 4A (diag. 3-B), and only one point on the Series 2A (diag. 3-A) and the Series 6A (diag. 3-C).



Set Up of Your Restraint (cont.)

Step 4 – Setting Up Helmet. Installation of Z-Tech hardware will depend on if your helmet has a certified M6 Insert or a Predrilled hole. Helmet inserts that are not certified are not recommended.

M6 Inserts – Set Part #2 against helmet shell centered to the insert. Then put the M6 Screw provided through Part #1 with **thread lock-tite "blue" on the end of the screw**. Align Part #1 and M6 Screw through Part #2 and carefully tighten the M6 Screw into the helmet without cross-threading during installation. **Tighten snugly and allow thread lock-tite to dry.** Note: If your helmet has a certified M6 Insert, do not use the Z-Tech Nutwasher (Part #3).



Predrilled – You will first need to install Z-Tech Nutwasher (Part #3) on the interior of the shell. Slide Part #3 between the Shell and EPS/Dense foam upper liner, carefully positioning it center to the predrilled hole. Once Part #3 is positioned correctly, then you can move on. Set Part #2 against helmet shell centered to the insert. Then put the M6 Screw provided through Part #1 with **thread lock-tite "blue" on the end of the screw**. Align Part #1 and M6 Screw through Part #2 and carefully tighten the M6 Screw into the helmet without cross-threading during installation. **Tighten snugly and allow thread lock-tite to dry.**